Worksheet #16.1 Dysfunctional Delegation Diseases Superman Syndrome or Team Work?

## Take This Delegation Gut-Check Assessment!

<b>Diagnose the Severity</b>	y of Your Delegation Disease:

Code Green:	I'm pretty healthy. This isn't a problem	
<mark>Code Yellow:</mark>	I have this disease occasionally.	
Code Red:	Yikes! I need to see a Delegation Doctor!	

CODE	No.	Dysfunctional Delegation Disease
	1	<i>If the job is going to get done right, it's faster to do it myself.</i>
	2	I'm the only one that knows how to do this job—that's why they hired me.
	3	If I delegate too much, maybe I won't be needed.
	4	<i>Okay, I admit it! I'm a perfectionist. This project is too important to leave to novices.</i>
	5	<i>I inherited my team—and, frankly, they're ineffective, so it's up to me.</i>
	6	I get more affirmation at work than I do at home. I love work!
	7	My boss (or board) says I don't delegate enough. Ha! If they only knew how hard I'm working. I'll show 'em.
Add Your Favorites Here:		
	8	
	9	
	10	

**Bucket Bottom Line:** The delegation disease is rooted in sinful behavior. Look at the list above and identify the sin each symptom points to—pride, arrogance, lack of trust, lack of patience, etc. The list goes on. Call the doctor!