

Worksheet #9.1

The 21 Time Blocks

Toward a God-honoring Balanced Life

Your work will never be done—so go home!

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Morning							
Afternoon							
Evening							

MY AFFIRMATION:

- My boss/spouse/family and I agree that on average, 7 out of 8 weeks, I will work a maximum of _____ time blocks per week.
- I will have two consecutive days off (6 time blocks) at least every _____ week(s).
- I will take compensatory time religiously.
- I will take holiday and vacation time religiously.

SIGNED _____ DATE _____

READ:

- Choosing to Cheat: Who Wins When Family and Work Collide* (Andy Stanley)

Bucket Bottom Line:

Carl Bard said, “Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending.”